



The Tunnel

1100 Louisiana, in the tunnel, Houston TX
 713-752-2601, Fax: 713-752-2659
 Monday-Friday Lunch, 11:00am to 2pm

We accept **phone orders** for individual lunches for groups of five or more and bulk orders from our Take-Out menu.

MENU

Prices good as of 10/2011. Subject to change without notice.

Salads & Sides

Green Garden Salad small \$2.50 / large \$4.95 Fresh Fruit Cup \$2.50	Spinach Salad small \$2.50 / large \$4.95 Green Salad w/Chicken \$7.50	Chicken Salad w/Fruit \$7.95 Pear, Walnut & Bleu Cheese Salad \$7.95 w/Chicken \$11.95	Jalapeño Cornbread \$1.50 Side Dishes small \$2.25-\$2.95 large \$4.50-\$4.95
---	--	--	---

Trio Plate

Choice of 3 side dishes \$6.50

Soups & Specialties

Red Beans & Rice with Link Sausage small \$3.25 / large \$5.50	Chicken & Sausage Gumbo (Monday - Wednesday) small \$3.75 / large \$6.95	Beef & Bean Chili small \$3.25 / large \$5.50
Vegetarian Red Beans & Rice -or- Red Beans & Rice without Link Sausage small \$2.00 / large \$4.25	Seafood Gumbo (Thursday & Friday) small \$4.25 / large \$7.50	Vegetable Soup w/Chicken (Monday - Wednesday) small \$2.95 / large \$5.50
Small Cheese \$.25 Large Cheese \$.75 Extra Link Sausage \$1.25	Treebeards' Jambalaya small \$3.75 / large \$6.95	Chicken & Dumplings (Thursday & Friday) small \$3.75 / large \$6.95
	Shrimp Étouffée small \$3.75 / large \$6.95	

DAILY SPECIALS

Chicken, fish or meat entree with choice of two side dishes, \$8.95 - \$10.95
Specials and sides as of 10/2011. Subject to change without notice.

DAY	ENTREES	SIDES			
Monday	Meatloaf Grilled Chicken Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Broccoli & Carrots Mashed Potatoes	Dirty or White Rice Mustard Greens Macaroni & Cheese	Vegetable Soup w/Chicken Jalapeño Cornbread	Fruit Cup Small Salad
Tuesday	Meatloaf Grilled Chicken Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Broccoli & Carrots Mashed Potatoes	Dirty or White Rice Mustard Greens Macaroni & Cheese	Vegetable Soup w/Chicken Jalapeño Cornbread	Fruit Cup Small Salad
Wednesday	Pot Roast Grilled Chicken Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Broccoli w/Shallots Cabbage	Dirty or White Rice Mustard Greens Mashed Potatoes	Vegetable Soup w/Chicken Squash Casserole	Fruit Cup Small Salad Jalapeño Cornbread
Thursday	Fried Catfish Grilled Chicken Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Broccoli w/Shallots Mashed Potatoes	Dirty or White Rice Mustard Greens Squash Casserole	Blackeyed Peas w/Ham Jalapeño Cornbread	Fruit Cup Small Salad
Friday	Baked Catfish w'Étouffée Topping Chicken Fried Chicken w/Cream Gravy	Red Beans & Rice Broccoli w/Shallots Mashed Potatoes	Dirty or White Rice Mustard Greens Corn Pudding	Blackeyed Peas w/Ham Jalapeño Cornbread	Fruit Cup Small Salad

Beverages

Iced Tea \$1.45
 Soft Drinks \$.95 to \$1.95
 Lemonade \$1.45

Desserts

Buttercake \$1.25
 Brownie \$1.25
 Cookie \$1.25
 Yellow Cake \$3.75
 Italian Cream Cake \$3.75
 Chocolate Cake \$3.75
 Red Velvet Cake \$3.75
 Carrot Cake \$2.75
 Bread Pudding
 w/Whiskey Sauce \$2.75

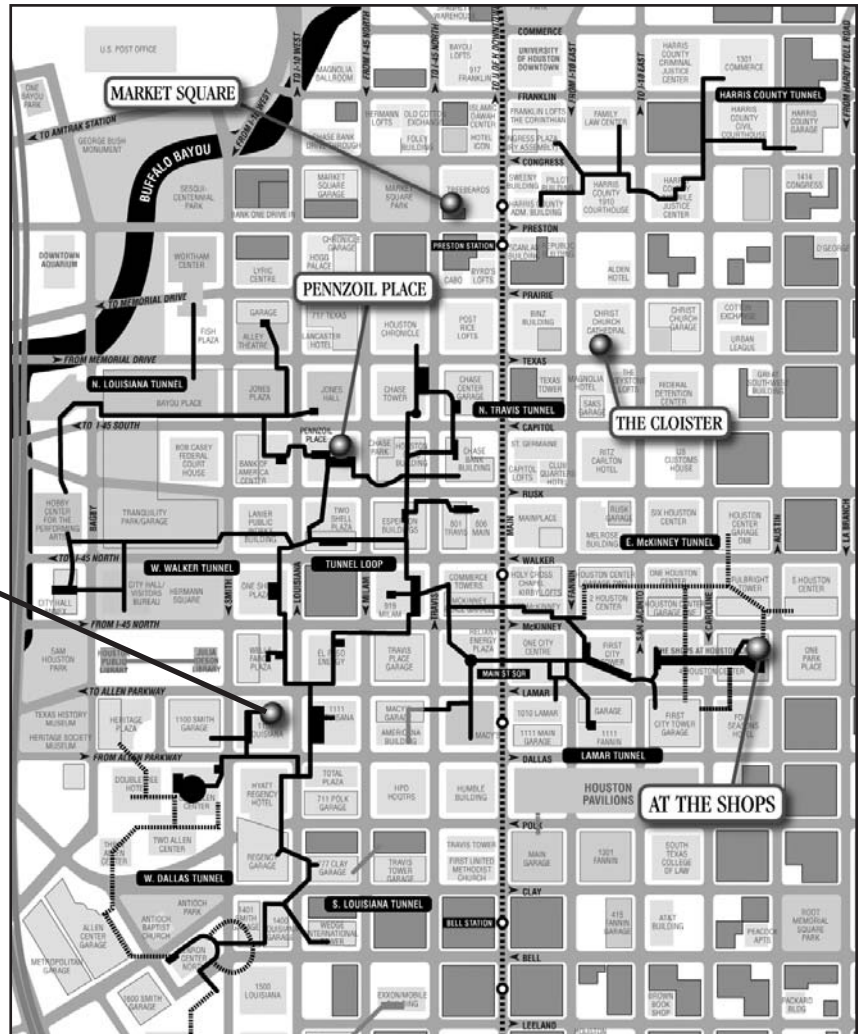


The Tunnel

1100 Louisiana, in the tunnel, Houston TX 713-752-2601
Monday-Friday Lunch, 11:00am to 2pm

MAP & DIRECTIONS

THE TUNNEL is located beneath the 1100 Louisiana Building



Written Directions

From I-45 North: Pass I-10 and take the McKinney exit on the left. The second street is Smith. Go right on Smith one block to Lamar. The restaurant is located in the tunnel below the lobby of the 1100 Louisiana building which you will see on your left.

From I-45 South: Pass 59 and go by downtown to the Houston Ave./Memorial Drive exit (Exit 47B). Veer right to Memorial Drive, then turn right on Rusk and head towards downtown. The second street will be Smith. Turn right and go three blocks to Lamar. The restaurant is located in the tunnel below the lobby of the 1100 Louisiana building which you will see on your left.

From I-10 West: Go towards downtown and take the I-45 South exit. At downtown take the McKinney exit on the left. The second street is Smith. Go right on Smith and one block to Lamar. The restaurant is located in the tunnel below the lobby of the 1100 Louisiana building which you will see on your left.

From I-10 East: Go towards downtown and take the I-45 South exit. At downtown take the McKinney exit on the left. The second street is Smith. Go right on Smith and one block to Lamar. The restaurant is located in the tunnel below the lobby of the 1100 Louisiana building which you will see on your left.

PARKING: To park on the street, look for "Metered Parking" signs, go to the closest meter station, pay with coins, cash or credit card, and leave the receipt face-up on your dashboard. If not, there is a surface lot between McKinney and Walker. There are also two parking garages nearby. Bring extra quarters and dollars.

Leaving Downtown Houston

To I-45 North: Take Walker Street (one way) back to I-45. Walker is two blocks north of Lamar and the restaurant.

To I-45 South: Take Capitol Street (one way-four blocks north of Lamar) away from downtown. Once you drive under I-45 and Memorial Drive you will come to a light at Houston Avenue in front of the Courthouse. Turn left and follow the signs to I-45 South.

To I-10 West: Take Walker Street (one way) back to I-45. It is two blocks north of Lamar and the restaurant. Once heading north on I-45, take the I-10 West Exit.

To I-10 East: Take Walker Street (one way) back to I-45. It is two blocks north of Lamar and the restaurant. Once heading north on I-45, take the I-10 East Exit.